

# Important information for the combination of the Freka® PEG with the Freka® Intestinal feeding tube, ENFit

For patients at risk of aspiration and/or gastric motility disorders an intestinal feeding tube is in most cases the best choice. The following overview shall provide guidance on how to combine a gastric feeding tube with an intestinal tube.

## Connection of the Y-Connector to the gastric tube

- 1 Gastric feeding tube with open tube clamp.
- 2 Close the tube clamp and cut off the Freka Connector, ENFit of the gastric feeding tube.
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- 4 Push the blue and white fixation screw for the Freka Y-Connector, ENFit over the gastric tube.
- 5 Push the Freka Y-connector, ENFit **as far as possible** into the tube (Pic. 5) and secure the Freka Y-Connector, ENFit and the tube with the blue fixation screw and the white screwing aid.
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- 7 Pull off the white screwing aid (outer white ring) of the Freka Y-Connector, ENFit.

## Positioning of the intestinal tube

- 8 Open the blue fixation screw at the top of the intestinal tube with 3-4 rotations. Push the guide wire shortly before the metal insert at the distal end of the intestinal tube.
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- 10 After completing this, the pigtail bend of the intestinal tube must be straight (Pic. 10). Afterwards the guide wire must be fixed again with the blue fixation screw (Pic. 8).
- 11 Open the tube clamp on the gastric tube. Insert the intestinal tube carefully through the (green) intestinal access of the Freka Y-Connector, ENFit marked with an "I".
- 12 The insertion takes place through the gastric tube (Pic. 11) into the small intestine. For the placement under endoscopic control it is recommended to use an endoscopic instrument (e.g. a forceps) to grasp the distal tube tip of the intestinal tube and to push the tube under visual control beyond the ligament of Treitz'.
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- 20 Removal of the guide wire not before the required position is reached.
- 21 Keep the tube in position during the withdrawal of the endoscope.

## Fixation of the intestinal tube to the gastric tube

- 13 For fixation of the intestinal tube close the tube clamp of the gastric tube
- 14 Cut off the intestinal tube approximately 3-4 cm above its exit from the gastric tube (green access of the Freka Y-Connector, ENFit).
- 15 Push the Freka Click Adapter, ENFit (green/white) with its **white end** over the intestinal tube.
- 16 **Warning:** Metal pin of the Freka Connector, ENFit (green) and the **external end** of the intestinal tube must be **free of grease, clean and dry**. MCT Oil on the metal pin increases the risk of detaching of the intestinal tube.
- 17 **Warning:** For fixation of the Freka Connector, ENFit and the Freka Click Adapter, ENFit **only the bottom part (green/white) shall be rotated to prevent twisting of the intestinal tube.**
- 18 Push the metal pin of the Freka Connector, ENFit **as far as possible** into the intestinal tube (Pic. 16). Screw the Freka Click Adapter, ENFit (green/white) tight to the Freka Connector, ENFit (Pic. 17).
- 19 Open the tube clamp of the gastric tube. and push the connected Freka Click Adapter, ENFit over the (green) intestinal access of the Freka Y-Connector, ENFit marked with an "I". The fixation must be clearly audible with a "Click"! Close the intestinal tube with the cap of the Freka Connector, ENFit.
- 20 **Warning:** An opened Freka Click Adapter, ENFit cannot be used again, once the connection was detached. A proper connection cannot be generated again. A new Freka Click Adapter, ENFit must be used.

